



heart of illinois

Down Syndrome Association

Newsletter

April/May 2019

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The Heart of Illinois Down
Syndrome Association, Inc. is a
501(c)3 not-for-profit organization.

The Heart of Illinois Down Syndrome Association, Inc. is committed to improving the quality of life of persons with Down syndrome by providing support, advocacy, and educational opportunities to those individuals, their families and community advocates.



Calendar of Events

Sat. June 15th

Summer Social—Outdoor Movie Night

Nick & Becky DeTrempe's hours—7:00-11:00pm
417 N. Nebraska, Morton
See page 3 for more details

Sat. June 22nd

Gigi's Playhouse - 10:30am

North Branch Peoria Public Library
See page 3 for details

Sat. Oct 12th

11th Annual Friends of HOIDSA

Walk for Down Syndrome

EastSide Centre, East Peoria

This newsletter publishes items of interest relating to Down syndrome and other disability issues. The Heart of Illinois Down Syndrome Association, Inc. (HOIDSA) does not promote or recommend any therapy, treatment, institution, professional system, etc. Individuals or organizations referred to are not necessarily endorsed by this publication or its editor. We hope to bring together those interested in Down syndrome and attempt to create an optimistic future and attitude. The editor reserves the right to make corrections as are appropriate and in accord with established editorial practice in material submitted for publication.

Greetings From The President

April/May 2019

Don't you just love Spring?!

The warmer winds, the emerging flowers, the returning wildlife and the longer days are invigorating. Everything looks more colorful and refreshed.

Now is a good time to review what works for our families and what needs to be accomplished or improved. I'm asking for your help. Please tell your Board of Directors what has been helpful to you and your family. Has it been a program, class or conference? Has it been a chance to network with our members? Do you visit our website for information or view photos?

Do you see voids for opportunities for your child's age bracket? Would you prefer a HOIDSA only event or an event that is open to non-members? What information do you want or need but aren't getting? Would you want a speaker to present on behavioral, educational, vocational, housing, early intervention or medical issue? We would love to hear from you.

Would you participate in more networking gatherings? Would you be willing to help co-ordinate an event with a board member? What day of the week is easier to attend an event? Is evening or afternoon more conducive for attendance? There are so many ideas the Board considers each month, but we want to hear from you. You may contact any of us by email, phone or text.

Happy Spring!!!

Meri



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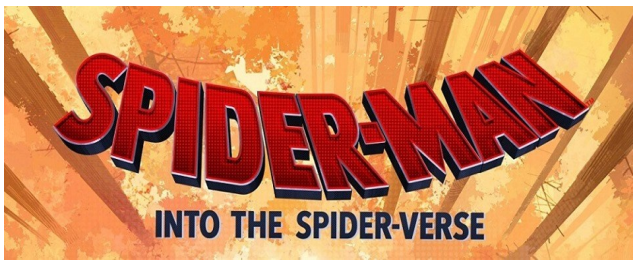


May

Stephanie Brant
5/3
Elizabeth Rice
5/7
Addy Duensing
5/9
Shea Gale
5/11
Madison Haynes
5/12
Claire Schwarting
5/13
Rebecca Nickerson
5/14
Brad Fornoff
5/20
Oliver Smith
5/22
Wyatt Lauber
5/28
Tom Weiss
5/30
Nicholas Mueller
Triston Walbright

June

Chad Applen
6/2
Jacob Urban
6/4
Hannah Capitelli
6/7
Jacob Monrad
6/7
Kaden Barnewolt
6/12
Francis Couri
6/19
Trecker Ralph
6/20
Bridget Bielenberg
6/21
William Harston-Meagher
6/23
Anthony West
6/23
Jesse Hatfill
6/24
Jeremy Quintiliani
6/24
Kellen Ehrenhardt
6/26
Rory O'Hanlon
6/27
Adam Nepolello
6/28
Gregory DeBoer



Down Syndrome Achievement Centers
educate. inspire. believe.

Summer Social

June 15th

Outdoor Movie Night at
Nick & Becky DeTrempe's house
417 N. Nebraska Ave, Morton

Featuring Spider-man: Into The Spider-Verse
Rated PG

Suitable for children, teens and adults

Doors open at 7:00, Movie will start at dusk
(around 9:00)

Popcorn and beverages will be provided

Please bring lawn chairs or blankets and any other
snacks you'd like

Contact Nick (309) 868-5810 or Becky (309) 231-3302
with any questions

GiGi's Playhouse Central Illinois provides free programming to Individuals with Down Syndrome and we are excited to offer these two amazing programs:

June 22

North Branch of the Peoria Public Library
3001 W. Grand Parkway
Peoria, IL 61615

LMNOP

Theme: Colors and Rainbows

Guides parents and young children through learning basic sign language and other forms of communication using music and language-based activities. This program is for children from 6 months to 5 years and begins at **10:30**

Destination Discovery

Theme: Circus

Supports the development of motor skills, social skills and language through purposeful play and peer to peer interaction in a casual and fun setting. This program is open to all ages and begins at **11:30**

For more information and to RSVP,
visit Gigisplayhouse.org/Centralillinois

Need help dealing with your child's school?

Want someone to assist you with your IEP meeting?

Becky DeTrempe recently completed her training with Family Matters and is certified to assist other parents with IEP meetings

Contact Becky DeTrempe

rmcdaniels78@gmail.com

(309) 231-3302

Alex and Seth Go To Springfield



Alex Tucker and Seth Bauersfeld worked as pages for Rep. Keith Sommer in the Illinois General Assembly on April 3rd. Rep. Sommer even let them cast votes on his behalf in the picture above.





**HOIDSA EASTER
EGG HUNT**

**IN CONJUNCTION WITH
GIGI'S PLAYHOUSE
POPU**





The Arc of Illinois, Illinois Life Span Program Monthly Webinar

How the Human Rights Authority Assists In Maintaining Rights - June 11 @ 12:00 pm - 1:00 pm

Please register for The Arc of IL, Illinois Life Span Program Lunchtime Webinar – How the Human Rights Authority Assists In Maintaining Rights on Jun 11, 2019 12:00 PM CDT at:

<https://attendee.gotowebinar.com/register/7893463642500067075>

Presented by Gene Seaman. Gene is the managing administrator for the southern regions of the Human Rights Authority, a division of the Illinois Guardianship and Advocacy Commission. In addition to managing, Gene works on community outreach and marketing for the division. The Human Rights Authority serves as the investigatory body of the agency and serves people with disabilities throughout the state of Illinois. Prior to managing, Gene worked as the Human Rights Authority Coordinator for the Peoria region for over 8 years.

Participants can expect to learn –

- Examples of rights that HRA would investigate
- Short description of the Illinois Guardianship and Advocacy Commission and the Human Rights Authorities role in the agency
- How the HRA investigates complaints
- Actual HRA investigations and results
- Contact information for Human Rights Authority

Please note that no CEUs are provided for our Lunchtime Webinars. Thank you!

After registering, you will receive a confirmation email containing information about joining the webinar.

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Webinars Made Easy®

Please contact Deb Fornoff at deb@thearcofil.org with any questions!



DS-Connect® is a powerful resource where people with Down syndrome and their families can:

- Connect with researchers and health care providers.
- Express interest in participating in certain clinical studies on Down Syndrome, including studies of new medications and other treatments.
- Take confidential health-related surveys. These surveys are aimed at better understanding of the health of people with Down Syndrome across their lifespans.

Visit the website at dsconnect.nih.gov for more information

Join the Registry

Set up a Professional Account

Información en español



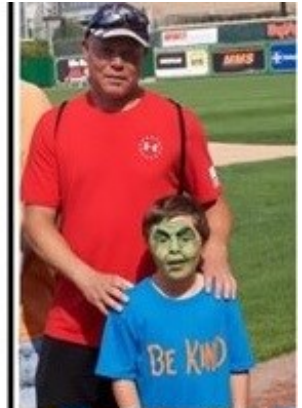
FRIENDS² of HOIDSA Walk for Down Syndrome

Save the date for the 11th
annual Friends of HOIDSA
Walk for Down Syndrome

New Date: 2nd Saturday in Oct.

Saturday October 12th
EastSide Centre, East Peoria

Questions? Call (309) 868-5810 or email
fundraising@hoidsa.org



Memorial/Recognition Donations

Our sincerest appreciation to all the organizations and friends who contributed the following donations:

- **Donation from Johnathon Whitney**
- **Donation from CATPAC in honor of Priska Lauber**
- **Donation from Knights of Columbus in East Peoria** — HOIDSA was one of several organizations awarded a \$900 donation (see picture below of all recipients)

The Heart of Illinois Down Syndrome Association, Inc. warmly accepts memorial donations of any amount. Since we are a volunteer organization, all dollars received go toward fulfilling our mission of improving the quality of life of persons with Down syndrome. The Heart of Illinois Down Syndrome Association, Inc. is a 501(c)3 not-for-profit organization and all contributions are tax deductible.





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EDITOR'S REMARKS

Hello Everyone!

Just a reminder that the newsletter is bi-monthly during the summer months. The June/July newsletter will be mailed in mid-July. To make sure you stay as up-to-date as possible on all of HOIDSA's news and events, make sure to visit our website at www.hoidsa.org and our facebook page at <https://www.facebook.com/HOIDSA>.

As you prepare your summer plans, keep in mind that HOIDSA offers family reimbursement stipends of up to \$100 for summer activities. We'd like to see our kids continue to be involved in community activities with their peers. Don't forget to utilize special recreation associations like HISRA and IRVSRA, who provide support to children with special needs, free of charge, so they can be included in typical activities and programs.

Carol Nepolello

c.nepolello@comcast.net

SUMMER ACTIVITY STIPENDS

This is a reminder that HOIDSA offers family reimbursement stipends of up to \$100 for summer activities.

You can request a reimbursement by sending a copy of your receipt to:

Milly Howeler
5624 N. Graceland Dr.
Peoria IL 61614

Don't forget to utilize special recreation associations like HISRA and IRVSRA all year around:

Contact HISRA at 309-691-1929 for more information or visit www.hisra.org/programs

Contact IRVSRA at 309-201-4005 for information or visit www.irvsra.org/